

# Maharaja Surajmal Institute

## SPORTS

The Institute has an impressive and pollution-free **Playground** of **3.14 Acres** (13860 Sq. Mtrs) with panoramic green surroundings. Sports play an important role in shaping up the personality and fitness of a person and to give a truly global experience to all the students of MSI. A healthy sports environment matching global standards is provided to the students at the campus. Sports Activities are very important in shaping up the overall personality of the students and keeping them fit. MSI seeks to expand the sports activities in the coming years and provide support to every individual to pursue the sport of his/her choice. Also, the MSI is taking initiatives to conduct an inter-college tournament in the future, apart from selection and training of teams for various sports to represent MSI.

### SPORTS FACILITIES

#### 1. Outdoor games

- . One Football Ground
- . One Volleyball Court
- . Two Badminton Courts
- . Cricket Ground

#### 2. Indoor games

- . Two table tennis tables
- . Carom boards
- . Chess boards
- . Chinese checker

We organize number of co-curricular activities throughout the year and sports activities are an integral part of MSI culture. Every year we organize various competitions of **Cricket, Volleyball, Football, Badminton, Table Tennis, Chess, Carom etc. for boys and girls**. We also organize two days **Annual Sport Day** every year. For 2018-19 session, the sports day was organized on **7<sup>th</sup> and 8<sup>th</sup> Jan. 2019** at college sports ground. The large no. of below mentioned events were organized on these two days, starting with March Past by the students of various departments, torch lighting by chief guest, oath taking ceremony etc. During these two days, the students participated in huge numbers and name shown their true sportsmanship and their interest towards sports. The events organized are as under:-

#### **PROGRAMME FOR 7<sup>th</sup> Jan.**

- |             |                             |               |
|-------------|-----------------------------|---------------|
| 1. 10:00 am | March Past & Torch lighting |               |
| 2. 10:30 am | 800 mtrs. Finals            | (Men & Women) |
| 3. 10:45 am | Long Jump                   | (Men)         |
| 4. 10:45 am | Shot Put                    | (Women)       |
| 5. 11:15 am | Long Jump                   | (Women)       |

6. 11:15 am	Shot Put	(Men)
7. 11:30 am	100 mtrs. (Heats)	(Men)
8. 11:45 am	100 mtrs. (Heats)	(Women)
9. 12:00	Javelin Throw	(men)
10. 12:30 pm	Javelin Throw	(Women)

**LUNCH BREAK (1 TO 1:30 PM)**

1. 1:30 pm	200 mtrs. Race (Heats)	(Men)
2. 1:30 pm	Triple Jump	(Women)
3. 2:00 pm	4X200 mtrs. Relay (Heat/final)	(Men)
4. 2:15 pm	200 mtrs. Race (Heats)	(Women)
5. 2.15 pm	Triple Jump	(Men)
6. 2:45 pm	400 mtrs. (Heats)	(Women)
7. 3:15 pm	4X200 mtrs. Relay (Heat/final)	(Women)
8. 3.45 pm	400 mtrs. (heats)	(Men)

**8<sup>th</sup> Jan. 2019**

1. 9:00 am	200 mtrs. (Finals)	(Women)
2. 9:00 am	High Jump	(Men)
3. 9:30 am	Discuss Throw	(Women)
4. 10:00 am	200 mtrs. (Finals)	(Men)
5. 10:30 am	400 mtrs. (Finals)	(Women)
6. 11:00 am	Discuss Throw (Finals)	(Men)
7. 11:30 am	100 mtrs. (Finals)	(Men & Women)
8. 12:00 am	400 mtrs. (Finals)	(Men)
9. 12:30 pm	Tug-of-War	(Men & Women)

**LUNCH BREAK (1 TO 1:30 PM)**

**(PROGRAMME FOR FACULTY)**

1. 1:30 pm	100 mtrs.	(Men)
2. 1.45 pm	50 mtrs.	(Women)
3. 2:00 pm	Tug-of-War	(Men & Women)
4. 3:00 pm	Cricket match/ Volleyball	(Men & Women)
5. 3:30 pm	Closing of Annual Sports Meet	

**Inter- Departmental Competitions** were conducted of:

1. Volley ball
2. Football
3. Table-Tennis
4. Chess
5. Carom
6. Cricket

The annual sports meet 2018-19 started with welcome of **Hon'ble Chief Guest Sh. Surinder Pahal ji, President Kabbadi Association of India** followed by flag

hosting by **Chief Guest, President SMES Sh. S. P. Singh Ji, Treasurer SMES Sh. Raj Pal Solanki Ji and both the Director of MSI & MSI**. The Chief Guest lighted the torch which resembles the true spirit of sportsmanship, after torch lighting march past contingents of various departments gave their guard of honor to chief guest and other dignitaries present on the podium, followed by official declaration of meet open by the chief guest by releasing the tri-colored balloons in the sky. With this we started with above mentioned schedule of events for two days and students of MSI showed their true sportsmanship and participated in maximum numbers. The annual sports meet 2k18-19 was great success and clearly shows the interest of MSI students towards sports. At the end of the two days sports activities, Dr. Vivek Solanki (Assistant Professor, Physical Education) presented vote of thanks.

### **SPORTS ACHIEVEMENT REPORT FOR 2018-19 ACADEMIC SESSION**

- 1. AKSHAY MAHARA BOOSHANAM, Won SILVER MEDAL (IInd Position) in the 9th COMMONWEALTH KARATE CHAMPIONSHIP 2018 held at Durban, South Africa in December 2018, Category :76 kg**
- 2. Mayank Solanki, Won 3 Gold medals in Fencing at Delhi Olympic Week, 2018**
- 3. Two students were selected for North Zone Inter University Basket ball (Men) championship**
  - a. Saurav yadav
  - b. Sahil Chahal
- 4. One students was selected for North Zone Inter University Badminton (Men) championship**
  - a. MAndeep Payal**
- 5. Medals won at University Annual Sports Meet 2017-18**
  - a. Won **Gold Medal** in Basketball (Men)
  - b. **Three Silver** medal in
    1. Discuss Throw (Men)
    2. Basket ball (Men) Team
    3. Discuss throw (men)
  - c. **Four Bronze** medal in
    1. Badminton (men)
    2. Kabbadi (Women)
    3. Shotput
    4. Discuss throw













